

19 July 2017

## Principals Report

### GOOD LUCK ATHLETES:

We have approximately 30 students taking part in the Rockhampton District athletics carnival on Tuesday and Wednesday this week.

We wish all our athletes the best and hope that they can perform to the best of their ability in the events for which they have been selected.

### P & C MEETING:

The regular meeting of the P & C Association was held on Tuesday afternoon. Some of the items discussed included:

- The provision of new / extra drinking taps by the P & C;
- The investigation by the P & C of a 'major project' to undertake (eg. a covered play area for senior students);
- Fundraising ideas for the rest of 2017;

### HAND, FOOT AND MOUTH DISEASE:

This disease has been found in numerous childcare centres around Rockhampton in the last few days.

I have reproduced a fact sheet about it later in the newsletter. If you feel that your child may be exhibiting the symptoms please take them to a doctor and follow the advice about exclusion from contact with others.

While hand, foot and mouth disease is very contagious it is not related to the same disease in animals such as cattle and sheep.

### NAIDOC ACTIVITIES:

Next week our students will participate in a range of NAIDOC activities within their usual learning activities.

These activities will encompass areas such as language, reading, storytelling, art, music, dance and games. Students will be encouraged to learn some of the local Dharumbal language names for things within our school and community.

### HOME GAMES FOR FOOTY THIS WEEK:

We have our first home footy games this week. Both Year 5 and Year 6 teams will play their rugby league games against St Mary's. The Yr 6's will play first at 12.45pm and the Year 5 game should start at approximately 1.40pm.

Parents are welcome to come along and get a close up look at our players in action.

In the Interschool Rugby League played to date the Yr 6 team are undefeated and the Yr 5's have won all but one game which they drew.

Parents who come along to watch are reminded of the code of conduct for spectators of school sport. All comments should be supportive and games officials should never be subject to abuse.

### 100 DAYS OF LEARNING CELEBRATED WITH STYLE:

Our Prep students certainly 'showed off' what they have learnt in their first 100 days on last week's parade.

With much style and grace they kept us entertained and amazed with their confidence throughout their presentation.

Much appreciation goes to the staff who prepared them for their lovely display and the celebrations that followed in their classrooms.

Facebook has been awash with expressions of pleasure from parents and family members.



### POSITIVE BEHAVIOUR 4 LEARNING:

#### Always Present

#### LEARNING STARTS AT 8.45am DAILY:

Please be aware that at Allenstown our teaching and learning activities commence daily at 8.45am. The bells ring at 8.35 for students to go to rooms and get ready for the day but at 8.45am the teachers start the learning activities of the day.

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Office Hours – 8.15am to 3.30pm (Monday to Friday)

Closed Public Holidays & School Holidays

PARADE – Friday 8.45am

(Helen James Performing Arts Centre)

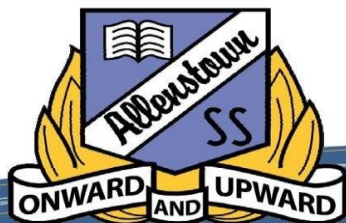
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(5.30pm in Staffroom)

# NEWSLETTER



*Embrace the Past, Empower the Future*

Always Respectful - Always Safe - Always Present - Always Learning

13-33 Upper Dawson Road  
Allenstown, Queensland, 4700

Telephone 07 4930 0111

Absentee Line: 0749 300166 |

Fax: 07 4930 0100

Website [www.allenstownss.eq.edu.au](http://www.allenstownss.eq.edu.au)

Email [admin@allenstownss.eq.edu.au](mailto:admin@allenstownss.eq.edu.au)

If your child is regularly late for this start time they are missing out on valuable learning time – from the same subjects day after day. Just 20 minutes late each day adds up to nearly two hours of lost learning time a week. Can your child afford to lose that time?

Please make every effort to work with us and have your child at school every day and on time every day. Get your household routines sorted so that children are up, fed, dressed and ready to go with plenty of time to make it to school to start the day on time!!

## Library News

### READING NINJAS HOME READING INCENTIVE SCHEME

This will continue into Term 3. Congratulations to the many students have already achieved the yellow or orange levels last Term. This Term we are changing slightly, with students now being able to record reading seven days of the week, including the weekends! **Please note: the rule of ONE book title or chapter per date remains the same.**

Every student has been issued with a **Reading Ninja Reading Record Sheet**, which will need to be completed by parents/carers each night, and when finished shown to Mrs Gill in the Library. **One night's 20 minutes of reading may consist of a chapter or a book, depending on the reading level of the student.**

Once each stage is achieved, students will receive their Ninja dollars and be able to take advantage of the 'pop up shop', which will be open each Thursday, second break. If you have any questions about this scheme, or if your child requires a new reading record sheet, please feel free to see Mrs Gill in the Library.

### Book Week 19 - 26 August

Each year, across Australia, The Children's Book Council of Australia brings children and books together celebrating Children's Book Week. During this time Schools, Libraries, Booksellers, Authors, Illustrators and children celebrate Australian Children's Literature.

This year's theme is 'Escape to Everywhere'. We will have a Children's Book Week Parade at 9 a.m. in the Helen James Performing Arts Centre on Wednesday the 23<sup>rd</sup> of August (Week 7).



Whilst not compulsory, students are encouraged to dress up in a costume that matches the theme: where have books helped you escape to? This could include a favourite character or a costume from a favourite fictional place. Author Tristan Bancks explains what the theme means for him, "It sparks lots of ideas for me. It invites wonder about the world and the wide variety of humans who live here. The theme also captures why I read – to escape – to live inside someone else's mind for a while and to see and feel what they do" For more ideas, on Book Week from Tristan Bancks, go to <http://www.tristanbancks.com/2017/02/childrens-book-week-2017.html>

## Other News



### PREP TRANSITION

We are excited to announce that we will be running two Prep Transition Programs at Allenstown SS this year. One is called "Step into Prep" and is funded by Playgroup; the other is our school initiated transition program. Students enrolling at Allenstown for Prep next year are encouraged to attend one or both transition programs. These programs will begin in Weeks 3 and 4. A Parent Information Session will be held in the Prep Building on Thursday 20th July at 5.00-5.45pm. Hope to see you there!

### CHANGE OF DETAILS

Have you changed any of your details? The school needs to know as soon as families change a phone number, address, emergency contacts or other details

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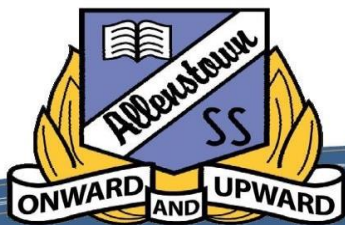
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that impact on our ability to contact you. Please call the office and update them as soon as possible.

## **HAND, FOOT AND MOUTH DISEASE FACTS**

Hand, foot and mouth disease is a common viral infection. It is not related to the disease in cattle with a similar name (foot-and-mouth disease).

Symptoms of hand, foot and mouth disease include tiny blisters on various parts of the body, including in the mouth, and on the fingers, palms of hands, buttocks, nappy area, soles of the feet, upper arms or upper legs. The blisters last a little longer than a week. Some children may also have a fever, sore throat, runny nose or cough. Vomiting or diarrhoea is uncommon. The most troublesome symptom is often the blisters in the mouth, which make it difficult for the child to eat or drink.

### How does it spread?

The virus is in the fluid of the blisters and can be spread by becoming airborne during coughing, singing, talking etc. The virus is also found in the child's faeces, and can be present in faeces for several weeks after the child has recovered.

### Incubation Period

The incubation period is usually 3-5 days.

### Infectious Period

People are infectious as long as the blisters contain fluid. Faeces can remain infectious for several weeks.

### Exclusion Period

Children with hand, foot and mouth disease should be excluded until all blisters have dried.

### Controlling the spread of infection

Teach children about cough and sneeze etiquette

- Cough or sneeze into your inner elbow rather than your hand
- If you used a tissue to cover your nose or mouth when sneezing or coughing, put the tissue in the bin straight away
- Clean your hands

Ensure that staff practise cough and sneeze etiquette and hand hygiene.

Allow blisters to dry out naturally. The blisters should not be deliberately burst because the fluid within them is infectious.

### Treatment

Usually no treatment is required.



## **WHY WAIT?????**

Why wait until the newsletter arrives at home on Wednesday afternoon. Keep up to date by receiving the latest School Newsletter by email as soon as it is ready.

If you wish to receive the newsletter by email each week please contact the office to have your name added to the bulk email list.



QPARENTS is a secure Web and Mobile App that allows parents/caregivers of Queensland State School Students to access information about their child/ren and to communicate directly with their school. Only QPARENTS account holders and their authorized delegates can access student information. QPARENTS provides online access to information such as:

- Attendance Details
- Report Cards
- Invoices
- Payments can be made directly online through QPARENTS
- Behaviour
- Student Photos
- Enrolments

You can also update your child's details and let your school know of changes to their normal routine, such as when your child is unwell or has to leave school early. QPARENTS won't replace the traditional ways parents

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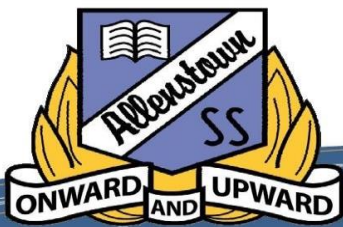
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and schools communicate – it will just provide another option. If you require more information on how to register for QParents please contact the office.

Upcoming Events		
DATE	DETAILS	VENUE
Every Thursday	Playgroup 8.45am -10.45am	Allenstown SS Hall
20 Jul	Prep Enrolment Parent Meeting 5.00-5.45pm	Prep B K Block
19-26 Aug	Book Week	Allenstown SS
23 August	Book Week Parade	Allenstown SS Hall
6 -10 November	Year 5 School Camp (approx. \$310)	Balance by 27/10/17
13 -17 November	Year 6 School Camp (approx. \$450)	Balance by 15/09/17



## Stressed about back to school costs?

Would \$500 help pay for uniforms, books, excursions, tutoring, a laptop or tablet?

Saver Plus matches your savings for school costs, dollar for dollar, up to \$500!

You may be eligible if:

- you have a Health Care or a Pensioner Concession card and,
- you or your partner have some regular income from work such as full-time, part-time, casual or seasonal work.

Contact Kathy Connaughton  
your local Saver Plus Coordinator:

07 4924 8125 / 0408 490 984

or [kathy.connaughton@thesmithfamily.com.au](mailto:kathy.connaughton@thesmithfamily.com.au)

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in the Rockhampton area by The Smith Family. The program is funded by ANZ and the Australian Government. Find more information at [saverplus.org.au](http://saverplus.org.au).



Friends of Archer Park Station & Steam Tram Museum Inc

## TRIVIA NIGHT

at Archer Park  
Rail Museum

\$15.00 per person  
Pre-purchase tickets at

Archer Park  
Rail Museum

at 51-87 Denison St  
Rockhampton

or call 07 4922 2774

or email:

[archerpark@bigpond.com](mailto:archerpark@bigpond.com)

EFTPOS available

FRIDAY 21 JULY 2017

at 7.00 PM

Light Supper at 9.00 pm

Basic Bar Facilities

Lucky Door Prize

1st, 2nd and 3rd Prizes for Teams

EVERY ONE WELCOME

BOOK YOUR TABLE NOW—GET A GROUP OF 8 OR 10 TOGETHER

OR JUST COME ALONG AND JOIN A TABLE

## Community News



### DENTAL CLINIC NEWS

The Dental Clinic is open at Allenstown School and parents are encouraged to take advantage of this cost free service and encourage their children to form healthy dental habits. For any enquiries please phone 49222673.

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